

#### Welcome

Welcome to the *Relmagine* 2020 project. This is a follow on to *This is Derby* which took place in 2019 in the SEND Hub with 6 schools:

- St Andrews
- St Clares
- St Giles
- St Martins
- Ivy House
- Royal School for the Deaf Derby

and 3 organisations:

- Sinfonia Viva
- Quad
- Hubbub Theatre Company

This Is Derby and ReImagine bring creativity to our SEND community and families, developing life skills and creative skills for the future generation.

Please click this link to see the celebration of work that took place when we all came together at the Riverside Centre... what a lovely day that was!





# How can I get involved?

As we are all now working at home because of the COVID 19 situation, we have adapted our project so that you can take part from home or school... wherever you spend your days at the moment.

We hope that you, and your families, carers and friends, will enjoy these videos and creative tasks and that you will share your work with us.

We will make a film of your work to show people in Derby what we have been creating and to share our message of

#### **Hope Kindness Change**

We would like you to use this booklet as it suits you.

- You can choose which activities you like.
- You can respond in your own way.
- There is no right or wrong

Please share your work, drawings, videos, photos with us on Social Media @HubbubTheatre#SENDReImagine or email to us at

info@hubbubtheatre.org

If you have any questions about the booklet, or feedback, please contact us too.



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#### The videos will be led by





Laura Ryder and Lucy Haighton



► There is Makaton signing from Emma Jones

# Warm up and Movement

Here is a welcome from Laura Gotheridge, Hubbub actor, with some good advice [click]

At Hubbub Theatre we start every session or rehearsal with our actors, with a warm up.

Click this playlist link to follow along.

This helps us to feel ready for our work.

We warm up our bodies, connect with each other and focus.





Watch the links to join us in a warm up:

- We will check in with how we're feeling.
- We will stretch. Make sure you have some room.
- We can also stretch on a chair or in your chair if you use one.
- We will move our bodies! Make sure you enough space and some water.

## Hope

#### Here is the Hope playlist to follow along.

During Lockdown many people made Rainbows as a symbol of Hope. Did you make one?



We would like to know what you are hoping for?

We'd also like to share our Rainbow bubble of hope with you [video 1].

- What colour is your bubble today?
- Can you draw your bubble today?

Here is Hubbub actor Bharat's message of Hope.



# Hope

What will you put in your bubble to make you feel good?

# Challenge

- Can you draw a rainbow and write or draw how the colours make you feel?
- You can use The Rainbow Template attachment if you'd like.
- Lucy would like to share a movement relating to hope with you [video 2].



What other images make you feel hopeful?

## **Kindness**

**Kindness** is really important at Hubbub. We use sunflowers as a symbol of kindness.

Here is the Kindness Playlist to follow along [click].



We believe if everyone did 1 kind thing a day and then that person passed it on, we would make a BIG difference.

We even made a show about it [click]! You can watch some of it here.

We also performed at St Martins School, and did some sunflower making with them, which you can see here [click].

What could you do to be Kind today?

#### **Kindness**

Why not create your own sunflower? You could join Abbie at Quad in her Zoom workshop to make one...

On the image of a sunflower write or draw on each petal acts of kindness you can see or do.

Rachel is being kind by making her Mum some cakes!



Izzy is a trainee actor with Hubbub. She made <a href="this">this</a>
<a href="this">video [click]</a> inspired by our work at Hubbub. She made up all the ideas herself!

## Challenge

Could you make a video telling us about kindness?

We can be kind to people, animals, nature... our environment...

Tell us what you think is important.

You can draw, write or make a video like Izzy.

# Change

We use the Butterfly as a symbol of change. Here is the Change Playlist to follow along [click].

A Butterfly changes from a caterpillar to a butterfly by going into a cocoon. When it comes out of the cocoon it is different.

Here is a video from Laura for you to watch and follow [video 2].

Being inside feels different to being outside. Actor <u>Laura shows this here [click].</u>

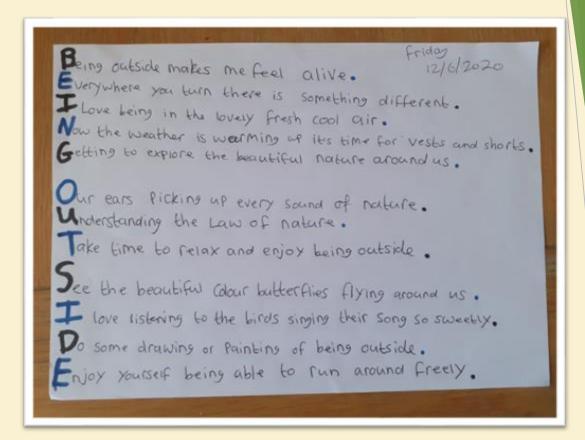
How do you feel inside your house or school?



## Challenge

- > Go outside in your local area, with a companion.
  - How do you feel outside?
- Think of words and images you see on your walk.
- Use these words/images to write a poem or make a drawing of how your feel inside vs outside.

# Izzy's poem about being outside



# Izzy and Rachel busy being creative in Hubbub at Home



# Change

- Watch Lucy's butterfly movement video for you to follow.
- Colour in the image of the butterfly thinking about what colours you would like to see in the world.
- If you were a butterfly- what do the colours mean to you?

You could make a video of your butterfly movement and tell us your thoughts.

#### **Question?**

What changes would you like to see in the world after Lockdown?

What changes would you like for you?

What changes would you like for your community?

Please tell us in a photo or video using words, drawings or movement.

# More Relmagine opportunities!

If you are age 14 – 18 we are offering Zoom creative sessions in August. If you would like to create a performance piece on Zoom using movement inspired by Hope, Kindness and Change, check if you are available:

The dates are:

Thursday 6th August 1.30 - 3pm

Thursday 13th August 1.30 - 3pm

Thursday 20th August 1.30 - 3pm

Thursday 27th August 1.30 - 3pm

We would like you to commit to the 4 weeks if possible as we will develop the work week by week.

To register please click here.

Quad will also be offering Craft workshops on Tuesday afternoons <u>and the link is here.</u>
Sinfonia Viva will be offering Music workshops <u>and the link is here.</u>

We hope you will join us for creativity and fun!

The Hubbub Team



## What is Zoom?

- Zoom is a video communication tool using the internet.
- It allows people who are apart to see and speak to each other.
- Hubbub have been using it to lead sessions with our actors & friends. Everyone is in their own house but can see everyone else. <a href="It looks like this">It looks like this</a> [click].



- ► There is a guide we can send if you are interested in being a part of the Zoom sessions.
- Fill in our survey here [click] if you would like to be a part of our 4 Zoom sessions:
- We look forward to hearing from you soon!

## More fun with Hubbub

Following the success of our online Hubbub at Home programme during Lockdown, we are delighted to offer more opportunities to people with learning disabilties, their friends, carers and families in August 2020.

Hubbub at Home Mini festival will offer workshops, videos and live online music events for you to enjoy.

Visit our webiste to find out

more <a href="https://hubbubtheatre.org/hubbub-at-home-summer-mini-festival-august-2020/">https://hubbubtheatre.org/hubbub-at-home-summer-mini-festival-august-2020/</a>

We also have an ongoing programme of workshops and classes that you can get involved in online in the Autumn.

Please contact us if you are interested in finding out more <a href="mailto:lnfo@hubbubtheatre.org">lnfo@hubbubtheatre.org</a>

Thank you for joining us. We hope to hear from you soon.

Take care of yourselves and stay safe

The Hubbub Team

