

# The (not so) Quiet REVOLUTION of Kindness

Inspired by the 'Random Acts of Kindness' (RAK) and 'Pay it Forward' movements, *The (not so) Quiet Revolution of Kindness* makes a bold statement about how we can affect change in our own lives and others' lives through small gestures of kindness. In a society where many of us feel disempowered and unable to make change on a large scale, these small acts of accumulative kindness can offer a sense of making a difference which can uplift, inspire and change on an individual and collective level.

The show sees an integrated ensemble of physical theatre performers with and without learning disabilities delight audiences with a display of colour, movement and a motif of physicality, acrobalance and circus accompanied by original, live music.

The (not so) Quiet Revolution of Kindness is attention grabbing and physical and has been created to be seen in the public arena rather than in the confines of a theatre, however it has been designed so that it can also be performed to optimum effect indoors.

The part promenade, part static show is **available for booking for events and festivals from May 2019** and has a range of outreach and education opportunities available for children and young people of all ages, with and without learning disabilities, that can build on PSHE or SMSC development, focus on performance or movement or art and craft activities.



### **Technical Information**

The (not so) Quiet Revolution of Kindness (TNSQTOK) consists of a procession containing acrobatics and tumbling that makes its way towards a performance area of 5m x 5m, performed on 1x1m square judo matting.

It is specifically designed to be performed outdoors and at public events, however it can easily be adapted to be performed indoors.

### The (not so) Quiet Revolution of Kindness

- Is performed by 2 established circus artists and a combination of 8 learning disabled and non-learning disabled performers.
- TNSQROK can be performed up to 3 times per day.
- There is also 1 x musician and 1 x stage assistant who take part in the parade and performance.
- There can also be up to 3 company assistants can join the procession as support if required, encouraging audiences to follow at the same time.
- It has been designed and choreographed to be performed on any surface that is firm, level and dry.
- TNSQROK requires a performance area of 5m x 5m with a height clearance of 5m as acrobatics and lifts are performed.
- You will also need personnel to supervise the set between performances whilst company take a break.

"Beautiful! We need more random acts of kindness in the world"

Audience Comment





### Other Requirements

- The soundtrack is provided on an iPad and 2 x portable speakers.
- The musician or a company assistant run sound during the performance itself.
- The musician and assistant play percussion throughout the performance.
- Please also remember that you will have to leave room around the set for audience members.
- TNSQROK ideally shouldn't be performed in wet weather, but light rain is accounted for with waterproofs.
- TNSQROK requires a firm, level, even and dry performance surface.
- You will need to provide stewards during the performances to help guide audiences and provide road blocks if performed on public roads.
- You will also need personnel to supervise the set between performances whilst company take a break.
- If requiring multiple performances the cast require a break of at least 1.5 hours from the end of one performance and the start of the next one with access to clean, quiet changing facilities with accessible toilets, room to warm up and sockets to charge electrical equipment.

"... such a great concept for a performance. I really enjoyed it. No better time than now to stop, lift our heads and connect with others on a human level"

**Audience Comment** 

# Load In | Get-Out

- The set is toured in a VW camper van (length approx. 5 metres) which needs to be parked as close to the performance area as possible to unload and reload.
- Unload time is about 15 minutes, assuming we can get our vehicle close to the performance area.
- Set build takes about 20 minutes with 2 + helpers, but extra time will be required if the unload area is not next to the performance area and if we are short staffed.
- The set consists of 25 judo mats (5 x 5m square), a mixture of hand-held props, fabrics, 5x stools and an assortment of musical instruments. We also bring with us handmade craft sunflowers to decorate the playing space and surrounding areas.
- We also have the capacity to hang 1x giant banner and 2x giant sunflowers around (ideally framing) the playing area but this must be organised in advance and is specific to each site.
- The cast will require at least 40 minutes to warm up in a quiet space before the first performance (this doesn't have to be on the set).
- Each performance lasts approx. 30 minutes from start of procession to end of performance.
- 🌻 The strike and reload takes approx. 30 minutes.

"A gorgeous show that celebrates the beauty of kindness. Lovely images, movement and music"

**Audience Comment** 



























# Audience Development and Outreach Opportunities

A range of outreach and education opportunities are available to support the production as a means of engaging new audiences with the piece and the themes of the show.

Our workshops range from performance/movement based to arts and crafts activities and can build on PSHE or SMSC development. The workshops are available for all ages and abilities and for children and young people with and without learning disabilities with the aim of developing our participants' understanding about kindness and the power of the collective community spirit to help change the lives of those living around us, that we know and that we don't, our friends, family, neighbours.

A community engagement project is also available as a bolt-on that looks to encourage the wider neighbourhood to join in the revolution of kindness by creating sunflowers, which personifies the show and its theme to populate and adorn the route of the promenade show.

The community engagement project which ran alongside the Derby Festé premiere of *The (not so) Quiet Revolution of Kindness* was a great success. Hundreds of participants from groups and organisations across the region engaged with the show and created sunflowers which lined the route of the show using our **Craft Pack**.

#### The (not so) Quiet Revolution of Kindness Craft Pack

"Brilliantly bold" "Inspiring" "Beautiful"

**Audience Comments** 

# Marketing Assets and Support

- We provide a comprehensive Marketing Pack which includes copy for a variety of platforms, target audience information, marketing angles, a variety of production shots, Press Releases, reviews/feedback and Box Office U.S.P.s.
- We will supply social media assets, keep you abreast of our online plans and work with your teams to help you deliver targeted campaigns for your audiences.

### Films

- We have 2 films of *The (not so) Quiet Revolution of Kindness.* available, a ten minute version complete with Vox pops, plus a shorter trailer version.
- There is also a film documenting an outreach project Hubbub delivered at St Martins School, Derby in the summer of 2018 to commemorate their 50<sup>th</sup> anniversary celebrations.
- Click here for the full length version
- Click here for the shorter trailer
- Click here for the St Martins' School outreach film

"...the two distinct parts worked really well with the procession encouraging crowds to follow the colour and spectacle to the static location where the completely accessible performance was delivered. Audiences loved the show and the integrated cast worked as a brilliant ensemble really showing the potential of artists with learning disabilities"

**Stephen Munn CEO and Artistic Director Déda** 





### **Booking Information**

The (not so) Quiet Revolution of Kindness is available for touring from May 2019.

For further information, fees or to book the show please contact the Hubbub team on:

- **[t]** 01332 374 665
- [a] Hubbub Theatre Company, Kings Chambers, Queen Street, Derby, DE1 3 DS
- [e] info@hubbubtheatre.org.uk
- 🌻 [w] http://www.hubbubtheatre.org/
- 🌻 **Facebook** | @HubbubTheatreCompany
- 🌻 **Twitter** | @HubbubTheatre
- 🌻 Instagram | @hubbubtheatre
- 🌻 #QuietRevolution #RAKtivism

